



# Foundation Degree in Counselling: Diploma in Counselling – BACP accredited training.

*Validated by Middlesex University*

This programme is aimed at those who are already working in a diverse range of occupational groups within the helping professions – and want to develop and enhance their professional counselling skills and obtain a professional qualification in counselling. Applicants are also welcome from education, health service, and social services. The programme meets the training requirements of the British Association for Counselling and Psychotherapy (BACP). Successful candidates will be qualified as counsellors.

## About the Programme

This is a full time course with attendance on the taught aspects of the programme on one day per week (Tuesday) over two years and aims to provide students with an in-depth understanding of counselling work in a way that will enable students to:

- work formally as a counsellor, offering a professional service to clients within their work setting
- develop and enhance workplace competencies and skills through the encouragement of critical reflection and analysis of practice
- develop practical skills and techniques in counselling
- undertake subsequent professional development within the counselling area, subject to further interview, including a BA top up honours in Counselling, validated as a degree by Middlesex University, at the College of Haringey, Enfield and North East London or a degree at Middlesex University.
- required to complete 40 hours personal counselling whilst in training

## Teaching, Learning and Assessment

The programme is taught by means of lectures (including those delivered by guest speakers), discussion of case studies, seminars, tutorials, skills workshops and role play exercises. The core theoretical model is person centred, within a broadly Humanistic framework. The course is highly participative with increasing emphasis placed on student-based experiential learning. Assessment is by coursework. Students will be expected to acquire a minimum of 100 hours of supervised formal counselling either in work place or voluntary setting whilst undertaking the course and submit a professional log detailing their experience.

## Do I Qualify for a Place?

Applicants will normally be mature students, or be able to demonstrate emotional maturity, and have completed a 90 hour introductory course in counselling skills or its short course equivalent. The admission of a mature student is based on the programme team's expectations that you will be able to cope with the objectives of the programme, and counselling must form a substantial part of an applicant's current work. Evidence will include academic qualifications and relevant work experience. All candidates will be interviewed prior to being offered a place on the programme. This allows the interviewing staff to establish academic background, interest and motivation, maturity of approach and commitment. Good communication skills, listening ability and empathy with other people are essential

## How Do I apply?

Complete the application form from the prospectus and return it to the Admissions Office, Tottenham Centre, High Road, Tottenham, N15 4RU.

## What Modules Will I Study?

### Year 1

- Study Skills
- Introduction to Theory and Client Work
- Person Centred Counselling Skills
- Human Development
- Professional Counselling Skills

### Year 2

- Further Humanist Theory
- Professional issues
- Counselling in the Community
- Contrasting Orientations
- Advanced Counselling

## What Additional Support Do I Get?

- A personal tutor
- Access to some of the best teaching and learning facilities in North London
- You will be a student of the College of Haringey Enfield and North East London
- Your programme is validated by Middlesex University
- You will be able to contact your tutor by telephone, e-mail or in writing
- You will have internet access and an email address

For more information please contact:

Tutor: ~~Sharon Roughton~~ Tottenham Green Centre

Tel: ~~0208 442 3569~~

e-mail: ~~sroughton@conel.ac.uk~~

**Course day: Tuesday, 10am - 6pm**

Fees: tbc

For Enrolment and an Application form

contact: **The College of Haringey,  
Enfield and North East London**

Alternatively, for further information, telephone the College hotline on 0208 442 3055 and ask for details of our advice and guidance sessions. When attending advice, guidance and enrolment sessions please contact a member of staff from the School of Health and Care and Early years.

The College website: [www.conel.ac.uk](http://www.conel.ac.uk)

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